

Revised - October 10, 2010

Bay's Edge Aquatic Team (BEAT)

is pleased to host the:

HARVEST INVITATIONAL SWIM MEET

At the

CCISD Natatorium, Corpus Christi, Texas

October 16 & 17, 2010

Sanction # **ST-10-75**

Entry Deadline: Tuesday, October 5, 2010

- Location:** Corpus Christi ISD Natatorium, 3202 Cabaniss Parkway, Corpus Christi, TX. 78415.
Pool Telephone numbers: (361) 878-2333 x114, (361) 878-2334, or (361) 878-2337
- Directions:** From South I-37, take State Hwy 358 (SPID) toward Padre Island. Exit at the Kostoryz exit, turn right onto Kostoryz and proceed south to Saratoga Blvd. Turn right onto Saratoga, and take the first left, the pool is on your left in the Cabaniss Athletic Complex.
- From US 77 North, turn right on FM665 at Driscoll, TX. Proceed toward Corpus Christi. The road will change to FM43. Turn left onto Ayers Street (State Hwy 286). Go straight to Saratoga Blvd., turn right on Saratoga and proceed east toward the Cabaniss Field Athletic Complex. The pool will be on your right in the Cabaniss Field Athletic Complex.
- Facility:** All deep 8 lane, 25-yard competition pool with a 6-lane 25-yard warm-up/cool-down pool. A Daktronics timing system and a Hy-tek Meet Manager Software will be utilized. Seating is available for over 975. Dressing and locker rooms are available on-site. The Natatorium is on CCISD property. No tobacco or alcohol is allowed on CCISD property including the parking lot. A Concession Stand will be provided.
- Liability:** In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Corpus Christi Independent School District (CCISD) and its employees, Bay's Edge Aquatic Team (BEAT), and all meet officials and volunteers shall be held free and harmless from any liabilities or claims for damages arising by reason(s) of injuries to anyone during the conduct of the meet.
- Rules:** The 2010 USA Swimming Rules & Regulations, and any relevant sections of the STSI Handbook will apply.
- Eligibility:** This meet is sanctioned by South Texas Swimming and 2010 rules apply. All swimmers must be currently **registered** as athletes for 2010 or 2011 with USA Swimming or FINA by the entry deadline. Athletes who register with USA Swimming or FINA after the entry deadline may deck enter the meet only if they can present their 2010 or 2011 USA or FINA card.

Entries received without complete USA Swimming or FINA Registration (ID) number will not be processed. It is strongly recommended that all swimmers have **their USA Swimming or FINA registration card with them** at the meet.

Meet

Format: All events will be timed finals, swum in one short course yard pool, seeded only by time and gender. **Check-in is required for the 500 & 1000-yard Freestyle.** For these deck-seeded events, positive check-in with the Clerk of Course is required. The check-in time period will be announced for each session. Age groups will be combined, alternating girls and boys heats. These events shall be swum fastest to slowest. All other events shall be swum slowest to fastest. Swimmers will be entered in the order entries are received.

We reserve the right to cap the number of swimmers entered in order to stay within the four hour rule during the 12 and under sessions. Additionally, if the entry numbers do not warrant two sessions per day, the meet will be reseeded for a single session, each day, to include all age groups. If needed, teams will be notified **No Later Than** October 07, 2010, via email of this change in format.

Meet

Behavior: It is expected that all persons attending the meet will respect the facilities and remember that they represent themselves and their respective clubs. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending club if attached, to be held accountable and liable for repairs. It also may result in expulsion from the meet.

Swimmers with

Disabilities: In a meet sanctioned or approved by the LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, Article 105. A disability is defined as a permanent physical or mental impairment that substantially limits one or more major life activities. **Note: So that we can properly accommodate disabled swimmers, coaches please ensure to notify the Meet Referee and/or Meet Director prior to the start of the meet on the day a swimmer competes.**

Unaccompanied

Swimmers: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. **It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

Pool

Measurement: The competition course has been certified in accordance with 104.2.2.C.(3) & (4). If a swimmer expects to, or does break a record, please inform the meet director or referee. In accordance to 104.2.2.C.(4).(c), "Where a moveable Bulkhead is used, course measurement of the lane in which the record was set must be confirmed at the conclusion of the session during which the time was achieved".

The water depths of the competition course measured from 1-meter to 5-meters from the start and turn ends of the course are as follows:

Start End: 6 feet Turn End: 6 feet

Cell Phone

Restrictions: The presence and / or use of cell phones or any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times. **There are no exceptions to this prohibition.** Violators are subject to disqualification from the meet and disbarment from the facility.

Photographer: There will be a photographer on deck at the meet. If you have problems with pictures being taken of a swimmer, please contact the Meet Director.

Entries: Swimmers may enter up to **5 individual events and one relay per day.** The age of the swimmer is his/her age on October 16, 2010. **Enter with short course yard times.** Team Manager should be used to convert long and short course meter times to short course yard times for seeding purposes. In lieu of conversion, non-conforming long course and short course meter times will be accepted. These non-conforming times will be seeded last in all events.

All teams with five or more swimmers entered in the meet must submit their entries using version 4 or 5 of Hy-tek Team Manager Software. Teams with fewer than five swimmers may send an e-mail including the team name, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

Relay Entries: Relay team entry times may be determined by the sum of the individual team member times for like strokes/distances, or the actual time that relay team achieved in sanctioned competition. Teams are highly encouraged to use the .HYV file provided at the STSI website to set up their relay entries correctly (see Awards).

Note: After the relay events in each session, there will be a ten (10) minute break.

Entry Fees: \$6.00 per individual event / \$10.00 per relay event (Includes the LSC Splash Fee of \$1.25 per event.)

Late/ Deck

Entry Fees: Late/deck entry fees are \$12.00/\$20.00 per event. Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. **Swimmers not previously entered in the meet must present their USA Swimming registration card to the Clerk of Course to deck enter.**

Entry

Procedures: It is strongly recommended that you DO NOT use the US Postal Service (use registered or certified mail). Entries sent by FAX will not be accepted. **Overnight express mail or its equivalent is recommended with waiver of signature signed** so that the packet may be left at the entry chair's address without a signature of receipt.

E-mail entries to BEATentries@aol.com. When you e-mail the entries, attach a word document of the Hy-Tek Meet Entry Report **by swimmer.** A meet Entry Fee report shall accompany the e-mail entries and needs to be received by the entry deadline. The entry chair will acknowledge receipt of e-mail entries within 24 hours. If no reply, please contact the entry chair immediately. **Please be sure we receive your check prior to the**

start of the meet. Your team will NOT be allowed to compete until the entry fees are paid.

Make checks payable to: **Bay's Edge Aquatic Team.**

Entries must be **received** no later than Tuesday, **October 5, 2010**

Please mail entries and fees to: **Lelet Graves
c/o BEAT
P.O. Box 270715
Corpus Christi, TX 78427-0715**

Awards: Ribbons for places one through eight in individual events will be awarded according to the following age groups: 8 & under, 9, 10, 11, 12, 13, 14, 15-16, 17-18. First through third places in relay events will be awarded to 8 & under, 9-10, 11-12, 13-14, and 15-18 year old age groups.

A swimmer high point trophy in each age group and a team high point trophy will also be awarded.

In order to score team points and receive ribbons for relays, all four swimmers must be in the same age category, i.e., all four must be 8 & under, 9-10, 11-12, 13-14, or 15-18.

Scoring: Standard eight place scoring will be utilized. Relays score double.

Individual events: 9-7-6-5-4-3-2-1 (1st through 8th place)

Relay events: 18-14-12-10-8-6-4-2 (1st through 8th place)

Warm-up

Procedures: South Texas Swimming Safety Guidelines and Warm-up procedures will be in effect at this meet (enclosed, see below).

Warm-up times and lane assignments for each team will be posted in the Natatorium, on the BEAT website www.swimbeat.com, and e-mailed to the coaches no later than 6:00 PM Monday October 11, 2010.

South Texas Swimming, Inc. warm-up procedures will be enforced. **Violators shall be disqualified from their first individual event.**

Meet Administration:

| | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Meet Referee: Peter Daly 5045 Romford Corpus Christi, TX 78413-6133 Phone: (361) 993-6142 E-mail: PDaly@stx.rr.com | Meet Director: Bill Green 4525 Ammer Lake Drive Corpus Christi, TX 78413 Phone: (361) 850-7943 E-mail: wgreen@grandecom.net | Head Coach: Adam Scott 1027 Cupertino St Portland, TX 78374 Phone: 361-446-9801 E-mail: alscott67@gmail.com |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Officials: All currently certified and training USA Swimming officials are cordially invited to participate. If you plan to officiate contact the Meet Referee, Peter Daly, at PDaly@stx.rr.com.

Timers: Each team will be required to provide timers in proportion to the number of swimmers entered in the meet. **Lane assignments will be made by Club.** Athletes in the 500 and 1000 Freestyle must provide their own timers. **The host team will ensure that the timers are well taken care of with food and**

Daily Schedule:

| Saturday / October 16, 2010 | |
|------------------------------------|-----------------|
| Sessions 1 | |
| | |
| Warm Up #1 Session 1 | 8:30 AM |
| Session 1 - Relay Forms due | 9:00 AM |
| Warm-Up #2 | 9:05 AM |
| Clear Pool: | 9:40 AM |
| Coach Meeting: | 9:40 AM |
| Sessions 1 begins | 10:00 AM |
| Sunday October 17, 2010 | |
| Session 2 | |
| | |
| Warm-up #1 Session 1: | 07:30 AM |
| Session 2 Relay Forms due | 08:00 AM |
| Warm Up #2 | 08:05 AM |
| Clear Pool: | 08:40 AM |
| Coach Meeting: | 08:40 AM |
| Session 2 Begins | 09:00 AM |

Events

SATURDAY October 16, 2010

| <u>Girls</u> | | <u>Session One</u> | <u>Boys</u> |
|--------------|--------|--------------------|-------------|
| 1 | 13 & O | 400 Free Relay | 2 |
| 3 | 10 & U | 200 Free Relay | 4 |
| 5 | 11-12 | 400 Free Relay | 6 |
| | | 10 Minute Break | |
| 7 | 13 & O | 400 I.M. | 8 |
| 9 | 12 & U | 100 I.M. | 10 |
| 11 | 13 & O | 200 Free | 12 |
| 13 | 12 & U | 50 Fly | 14 |
| 15 | 13 & O | 100 Breast | 16 |
| 17 | 12 & U | 100 Breast | 18 |
| 19 | 13 & O | 50 Free | 20 |
| 21 | 12 & U | 50 Free | 22 |
| 23 | 13 & O | 200 Fly | 24 |
| 25 | 12 & U | 100 Back | 26 |
| 27 | 13 & O | 100 Back | 28 |
| 29* | 12 & U | 500 Free | 30 |
| 31* | 13 & O | 1000 Free | 32* |

SUNDAY October 17, 2010

| <u>Girls</u> | | <u>Session Two</u> | <u>Boys</u> |
|---------------------|--------|---------------------------|--------------------|
| 33 | 13 & O | 400 Medley Relay | 34 |
| 35 | 10 & U | 200 Medley Relay | 36 |
| 37 | 11-12 | 400 Medley Relay | 38 |
| | | 10 Minute Break | |
| 39 | 13 & O | 200 I.M. | 40 |
| 41 | 12 & U | 200 I.M. | 42 |
| 43 | 13 & O | 200 Back | 44 |
| 45 | 12 & U | 50 Back | 46 |
| 47 | 13 & O | 100 Free | 48 |
| 49 | 12 & U | 100 Free | 50 |
| 51 | 13 & O | 200 Breast | 52 |
| 53 | 12 & U | 50 Breast | 54 |
| 55 | 13 & O | 100 Fly | 56 |
| 57 | 12 & U | 100 Fly | 58 |
| 59 | 12 & U | 200 Free | 60 |

61* 13 & O 500 Free 62*

*** Check-In is required for the 500 & 1000 Freestyle.** For these deck seeded events, positive check-in with the Clerk of Course is required. The time period will be announced for positive check-in by the swimmers. These events shall be swum fastest to slowest. Age groups will be combined, alternating girls and boys heats. Swimmers must furnish a counter and one timer. Time Standards are **not required**. Please include Short Course Yards times

for seeding, if available. Non-conforming 400 & 800 meter LC/SC meter times will be accepted.

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

| POOL | LANE USE | | |
|---------|-----------|---------------|----------------|
| | PUSH/PACE | DIVES/SPRINTS | GENERAL WARMUP |
| 8 Lanes | 1 and 8 | 2 and 7 | 3 through 6 |
| 6 Lanes | 1 and 6 | 2 and 5 | 3 and 4 |

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals must be members of United States Swimming.
3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 29-SEP-03