



Aggieland 11 & Over Open

HOSTED BY
Aggie Swim Club

Yards - Timed Finals
January 9-11, 2009
SANCTION #GUSC 09-027



LOCATION: Texas A&M University
Student Recreation Center Natatorium
Olsen Boulevard
College Station, TX 77843

For more information about the TAMU Student Recreation Center Natatorium, visit:
<http://recsports.tamu.edu/>

LOCAL INFORMATION:

Airports and directions: See attachment and map

Parking: Rates for the parking garage across from the Rec Center are \$2/hour for the first three hours, then 50¢ for each additional hour. Maximum fee is \$15. Parking is free on the surface lots of the TAMU campus after 5:30 p.m. on Friday (except where noted).

Sponsoring Hotels: Hilton Hotel (\$99/n), Inn at Chimney Hill (\$85/n). See attachment.

COACHES:

Henry Clark	Senior Coach
Shannon Clark	Age Group Coach
Ryan Goodwyn	Age Group Coach
Stephen Weber	High School Auxiliary Coach
Glenn Williams	Age Group Coach

POOLS: Two eight lane, 25 yard indoor pools with non-turbulent lane lines will be used for warm-up and competition. A separate eight lane 25 meter diving well will be available for warm-up and warm-down.

TIME AND DATE: This is a timed-finals meet.
Friday: warm-up at 5:00 p.m., meet starts at 6:30 p.m.
Saturday and Sunday: warm-up at 8:15 a.m., meet starts at 9:45 a.m.

Notes: **The Rec Center opens at 8:00 a.m.** Split warm-ups will be in effect. Lane assignments for warm-ups and timing will be designated in the psych sheet and posted on the Gulf Swimming web site by Wednesday, January 7, 2009. The meet will be swum in two pools simultaneously on all three days.

This meet will be run using the "Flyover Starts" procedures unless a waiver is received from the Technical Planning Committee Chairman. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the "Flyover Start" procedures.

MEET REFEREE: Herb Schwab, email: herb.schwab@shell.com

MEET DIRECTORS: Henry Clark, 979-220-2703, email: clark@comp.tamu.edu
Matt Wagner, 936-661-3733, email: irondad7@hotmail.com

SAFETY MARSHAL: Hugh Walker

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures.

SEEDING: The meet will be a deck-seeded meet. Coaches please inform your swimmers of seeding on deck rules.

CHECK-IN: Swimmers are required to circle-in at least 45 minutes before their event. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman, Herb Schwab, for each event in which he/she fails to appear. Relay cards must be turned in to the Clerk of Course by 12:00 p.m. (noon) or the entry will be considered scratched.

ON-DECK ENTRIES: Late entries will be accepted each day up to 30 minutes before the start of the meet. Those swimmers missing the 6:00 p.m. Friday, January 2, 2009 deadline may enter the meet on deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms entered at the swimmers' best times. The swimmers will be seeded into the events according to their best times.
3. Swimmers must enter all events for the day thirty (30) minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers who on-deck to change an entry time in an event already entered must circle-in on the posted circle-in sheets. The new time will be used for seeding. The on-deck entry fees still apply to these swimmers.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.

Cut-off Times: No cut-off times.

Qualifying Times: No qualifying times. This is an open meet.

Age: As of January 9, 2009.

Number of Events: Swimmers may compete in up to 3 individual events per day and up to one (1) relay event per day.

Deadline: Entries must be in the hands of the Meet Entry Chairman no later than 6:00 p.m. on Friday, January 2, 2009. No late entries will be accepted. Do not send entries via Federal Express, etc., that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. Mail or hand deliver entries to the Meet Entry Chairman at:

Shannon Clark
9465 Barrow Court
College Station, TX 77845

Phone: 979-776-1155
email: clark@comp.tamu.edu

Entries: All teams entering 10 or more swimmers MUST submit their entries on a diskette or electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software, along with a hard copy printout of the entries. Teams without Hy-Tek should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending Hy-Tek files). Include relays and relay-only swimmers on your completed entry form, diskette, or electronic submission. Teams may electronically mail their Meet Manager files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than 24 hours after the entry deadline as stated in the Meet Invitation.

Eligible Teams and swimmers: All registered USA Swimming teams and swimmers.

Fees: \$5.00 per Individual Event and \$10.00 for each Relay event. Make checks payable to **Aggie Swim Club**. Entry fees must accompany entries, if delivered by any method other than email.

AWARDS:

Individual events:	ribbons 1 st - 8 th place
Relay events:	ribbons 1 st - 3 rd place
Combined Team:	1-8 th Place

SCORING:

Individual Events:	9-7-6-5-4-3-2-1
Relay Events:	18-14-12-10-8-6-4-2

11&Over Events will be scored separately for 11-12, 13-14 and 15&Over.
13&Over Events will be scored separately for 13-14 and 15&Over, **except Relays** which will be scored as 13&Over.

400 IM, 500/1000/1650 FREE: The 400 I.M., 500/1000/1650 Freestyle events will be swum fastest to slowest. 1000 and 1650 free swimmers must provide their own timers and lap counters.

RULES AND SANCTIONS: The 2008-09 USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is either registered or certified by USA Swimming. The Gulf Swimming up/down rule three event rule do not apply.

POOL MEASUREMENT: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Course measurements will be verified each session in accordance with Gulf Swimming Rules.

TIMING SYSTEM: A Daktronics Model 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Psych Sheets and for admission to the Hospitality Room.

PROOF OF TIME: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Herb Schwab.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will be available behind the spectator seating area.

HOSPITALITY: A hospitality room will be available.

MERCHANDISE: D&J Sports of Houston will be at the meet selling swim apparel and gear.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet.

TEXAS A&M UNIVERSITY STUDENT RECREATION CENTER NATATORIUM RULES:

- Participants and spectators are not allowed to use other areas of the Student Recreation Center Complex during this event.
- Swimming is allowed only when the area is supervised.
- NO glass containers, tobacco, or alcoholic beverages are allowed within the natatorium area.
- Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck. All spectators and parents must remain in the grandstand.
- Participants are not allowed to climb over the grandstand railings or pass any posted barriers.
- Don't hang on the lane lines.
- There will be **NO SHAVING** within the Student Recreational Complex. All shaving should be completed prior to arrival at the natatorium. Safety marshals will be monitoring the locker rooms and restrooms to enforce this policy.
- Safety rules will be enforced during warm-ups before each event session and in the diving well during the meet. The diving well is a warm-up area. Recreational swimming is prohibited.
- Diving Boards will be closed and off-limits to all competitors and spectators.
- Please be neat. Throw your trash in the trash containers.
- **NO LAWN CHAIRS** are allowed in the facility.
- The Texas A&M Recreational Sports staff has final authority on all safety matters and reserves the right to remove anyone for behavior that is deemed unsafe or inappropriate.
- Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non-emergencies is prohibited. Team Banners must not exceed 5'X 8' and will be hung by event staff. No handmade signs are allowed in the facility.
- No pets allowed in the Rec Center complex or on the pool deck.

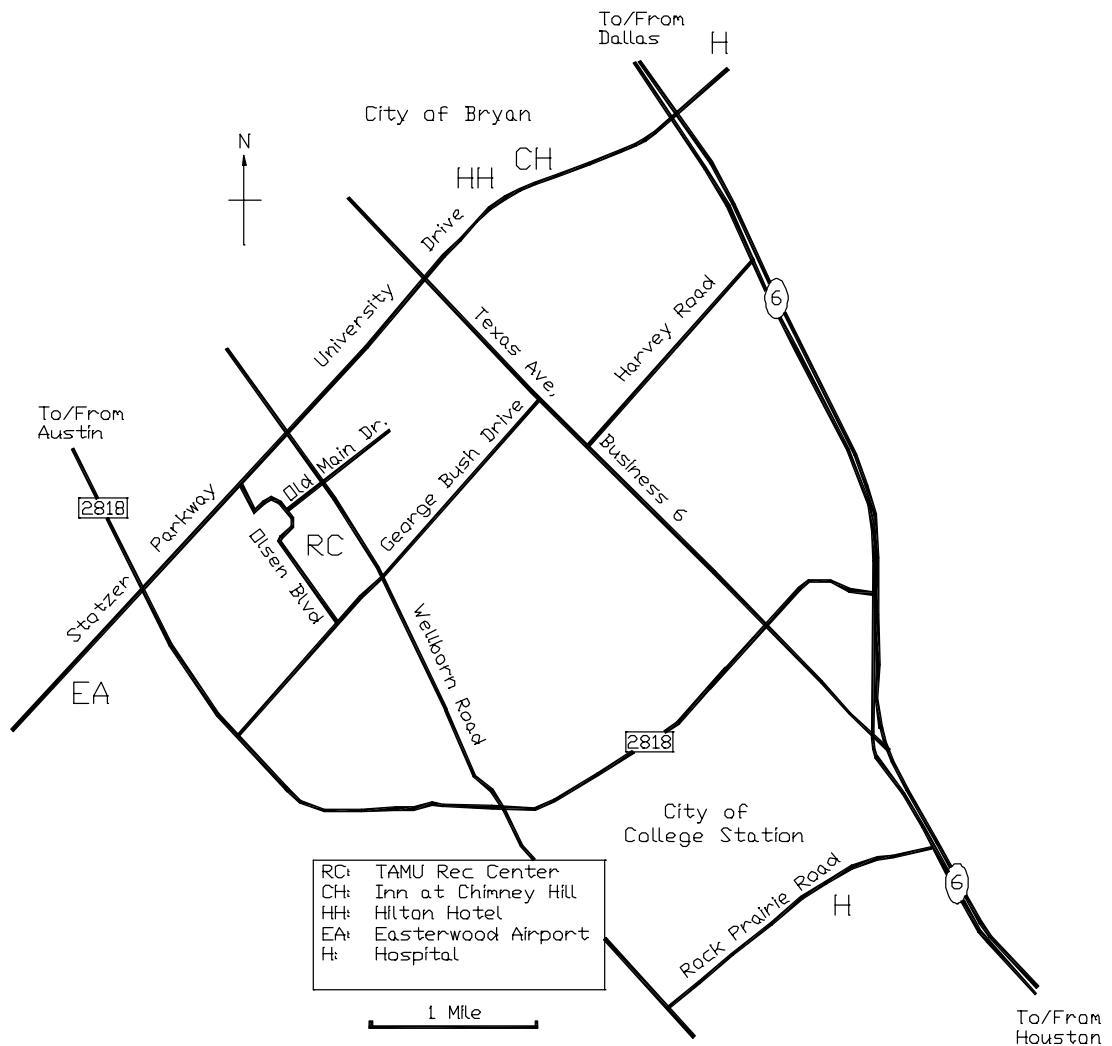
SPONSORING HOTELS: Reservations at sponsoring hotels must be made by cut off dates shown below. For additional hotel information, contact the Bryan-College Station Convention and Visitors Bureau at (979) 260-9898.

Hilton College Station Hotel
801 University Drive East, CS
Phone: 979-693-7500
Rate: \$99/night
Group name: Aggieland 11&Up Swim Meet
Reservation cut-off date: 12/19/08

Inn at Chimney Hill:
901 East University Drive, CS
Phone: 979-260-9150
Rate: \$85/night
Group name: Aggieland 11&Up Swim Meet
Reservation cut-off date: 12/12/08

**AIRPORT
INFORMATION:**

<u>Airport</u>	<u>Approximate driving distance</u>	<u>Approximate driving time</u>
Easterwood Airport (CLL) College Station, TX	2.3 miles	5 minutes
Bush Intercontinental Airport (IAH) Houston, TX	85 miles	1 hour, 45 minutes
Hobby Airport (HOU) Houston, TX	106 miles	2 hours, 10 minutes
Austin-Bergstrom International Airport (AUS) Austin, TX	94 miles	2 hours



RC: TAMU Rec Center
 CH: Inn at Chimney Hill
 HH: Hilton Hotel
 EA: Easterwood Airport
 H: Hospital

SAFETY GUIDELINES AND WARM-UP PROCEDURES
APPENDIX G

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.

Entry rules

Type of Meet	Timed Finals
Max # individual events per day	Three (3)
Swimmers eligible	All
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual - \$5.00 Relays - \$10.00

* **The 400 I.M., 500/1000/1650 Freestyle** will be swum fastest to slowest
11&Over Events will be scored separately for 11-12, 13-14 and 15&Over
13&Over Events will be scored separately for 13-14 and 15&Over, **except Relays** which will be scored as 13&Over
This meet will be swum in two competition pools for all three days

Friday, January 9, 2009**Timed Finals: 5:00 p.m. warm-up / 6:30 p.m. start**

Girls #	Event		Boys #
1	11-12	200 Yard I.M.	2
3	13 & Over	400 Yard I.M.*	4
5	11-12	500 Yard Free*	6
7	13 & Over	500 Yard Free*	8

Saturday, January 10, 2009**Timed Finals: 8:15 a.m. warm-up / 9:45 a.m. start**

Girls #	Event		Boys #
9	13 & Over	100 Yard Back	10
11	11-12	100 Yard Back	12
13	11 & Over	200 Yard Fly	14
15	11-12	50 Yard Breast	16
17	13 & Over	50 Yard Free	18
19	11-12	50 Yard Free	20
21	13 & Over	100 Yard Breast	22
23	11-12	100 Yard Breast	24
25	13 & Over	200 Yard Free	26
27	11-12	200 Yard Free	28
29	13 & Over	400 Yard Medley Relay	30
31	11-12	200 Yard Medley Relay	32
33	11 & Over	1000 Yard Free*	34

Sunday, January 11, 2009**Timed Finals: 8:15 a.m. warm-up / 9:45 a.m. start**

Girls #	Event		Boys #
35	11-12	50 Yard Fly	36
37	13 & Over	200 Yard I.M.	38
39	11-12	100 Yard I.M.	40
41	13 & Over	100 Yard Free	42
43	11-12	100 Yard Free	44
45	11 & Over	200 Yard Breast	46
47	11-12	50 Yard Back	48
49	13 & Over	100 Yard Fly	50
51	11-12	100 Yard Fly	52
53	11 & Over	200 Yard Back	54
55	13 & Over	400 Yard Free Relay	56
57	11-12	200 Yard Free Relay	58
59	11 & Over	1650 Yard Free*	60

Relay Entry Form

Team:		Address:	
Team Initials:		Email:	
Head Coach:			
Phone:			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			
Event #	Event Description	Relay (A,B,C...)	Entry Time
Swimmer	Last Name	First Name, MI	USA Number
1			
2			
3			
4			

ENTRY VERIFICATION FORM

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Team Name

Signature

_____ Title Date

COACHES' INFORMATION FORM

Please list below the information for each attending coach.

_____ Name USA number

_____ Name USA number

_____ Name USA number

_____ Name USA number

_____ Name USA number

_____ Name USA number